HUM 022  INTRODUCTION TO ISLAM  3.0 UNITS
Total Lecture: 54 hours
Acceptable for credit: University of California, California State University
This course provides an introduction to Islam as a religious system focusing on its origins, basic sources, history, culture and values. Pass/No Pass Option. CSUGE: C2; IGETC: 3B.

HUM 024  THE ASIAN-AMERICAN EXPERIENCE 3.0 UNITS
Total Lecture: 54 hours
Acceptable for credit: California State University
The Asian-American Experience is a multi-disciplinary survey course that introduces students to the historical and contemporary experiences of different groups of Asian-Americans including the Chinese, Japanese, Korean, Vietnamese, Indian, Filipino, and Pacific Islander communities. Students will read, view, and discuss materials related to topics such as immigration, exclusion, imperialism, race, class, gender, sexuality, language, social identity and other issues related to Asian-American life including cultural expression through various art forms. Pass/No Pass Option. CSUGE: C2; IGETC: 3B.

HUM 030  CULTURAL STUDIES  3.0 UNITS
Total Lecture: 54 hours
Acceptable for credit: University of California, California State University
This course exposes students to the cultures and civilizations of people around the world. Through field trips students learn about the art, music, language, customs, food, and daily life of people in other countries. Students have the opportunity to practice language skills acquired in foreign language courses, and look at art/architecture learned about in art history and humanities classes. Music concert attendance is also encouraged in order for students to have a multi-cultural, multi-disciplinary foreign travel experience. Pass/No Pass Option.

INF 050  SANITATION AND SAFETY  2.0 UNITS
Total Lecture: 36 hours
Acceptable for credit: California State University
This class uses the National Restaurant Association Education Foundation’s ServSafe® materials to certify students as food service safety managers. This course includes personal hygiene, types of hazards in food service, prevention and control of pathogens and other contaminants in food. Proper storage and cleaning and sanitizing are also covered. Systems for tracking food safety and control of pathogens and other contaminants in food. Proper storage and sanitizing are also covered. Systems for tracking food safety and control of pathogens and other contaminants in food. Students completing the final exam with 75% correct will be certified food safety managers in all 50 states for 5 years. Pass/No Pass Option.

INS 010  PEER TUTOR AND MENTOR TRAINING  1.5 UNITS
Total Lecture: 27 hours
Acceptable for Credit: California State University
This course provides students with effective learning strategies and academic assistance techniques for peer tutoring and mentoring in a community college setting. This course also emphasizes skills in communication, problem solving, critical thinking, structuring learning experience and handling challenging situations. This course may also be offered via distance learning. Pass/No Pass Only.

INS 015  ADVANCED TRAINING FOR PEER TUTORS AND MENTORS  1.5 UNITS
Total Lecture: 27 hours
Advisory: INS 010
Acceptable for Credit, California State University
This is a second level peer tutor and mentor training course. Topics include use of probing questions, cultural awareness, strategies for working with adult students, identifying and using campus services and other resources to assist students, assessing or changing study behaviors, communication strategies, group facilitation strategies, and assisting students with disabilities. Pass/No Pass Option.

INS 030  DIGITAL STUDY STRATEGIES FOR ONLINE AND ONSCREEN MATERIALS  2.0 UNITS
Total Lecture: 36 hours
Acceptable for Credit, California State University
This course teaches study strategies for digital materials and online course assignments. Topics include: reading and studying online textbooks, taking and organizing digital notes, communication strategies for blogs, wikis and discussion board posts, techniques for successful online group work, scheduling yourself to do online course homework, using virtual calendars to manage your time, and using electronic resources such as phone/tablet apps and Web 2.0 tools to personalize your learning. This course may be offered via distance learning. Pass/No Pass Option.

INS 030  DIGITAL STUDY STRATEGIES FOR ONLINE AND ONSCREEN MATERIALS  2.0 UNITS
Total Lecture: 36 hours
Acceptable for Credit, California State University
This course teaches study strategies for digital materials and online course assignments. Topics include: reading and studying online textbooks, taking and organizing digital notes, communication strategies for blogs, wikis and discussion board posts, techniques for successful online group work, scheduling yourself to do online course homework, using virtual calendars to manage your time, and using electronic resources such as phone/tablet apps and Web 2.0 tools to personalize your learning. This course may be offered via distance learning. Pass/No Pass Option.

INS 947  SUPERVISED TUTORING  NONCREDIT
Total Maximum: 54 hours
Corequisite: Enrollment in the course for which a student receives tutoring
This non-credit, open entry/open exit course provides learning assistance in the form of tutoring. Students are assigned to tutoring by an instructor or a counselor based on an identified learning need, followed by registration in the tutoring course. Under direction of a faculty coordinator in the tutoring center, students receive assistance from tutors in areas of identified academic need and in appropriate study skills to develop their ability to learn independently and become more successful students. This course may also be offered via distance learning. Non-degree applicable course. Satisfactory Progress.

INS 949  COLLEGE STUDY SKILLS  1.0 UNIT
Total Lecture: 18 hours
Prerequisite: ESL 960RW
This course is designed to help students analyze their study skills needs and to help students learn and apply needed study skills techniques. Techniques and strategies to be explored may include time management, preparation for examinations, textbook study strategies, and using campus support systems effectively. Science, Math and Statistics disciplines require the interpretation of technical texts and the ability to clearly communicate these complex concepts to others verbally and in writing. In this course, there is a strong focus on helping Science and Math students to read academic texts for greater understanding. The emphasis is on metacognition and mastering and applying the skills needed in order to facilitate successful studying and independent learning. This course may be offered via distance learning. Pass/No Pass Option, Non-degree applicable course.